

Session #6 /2016 - Class Calendar

GOT - Goal Oriented Training

Robin Crespo

- Check the calendar in advance and text which classes you will be attending each week - 24 hour notice please!
- There must be a minimum of 3 participants per time slot for the session to run and 4 on the weekends (See Policies and Procedures).

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Testing & Info. Meetings	Refer a friend and get \$25 referral discount!			Additional Testing Times Available by Request	Sept 16 12pm INFO Meeting	Sept 17 730am – Testing 9am – Testing 1030am – Testing 12pm – INFO Meeting	Sept 18 730am – Testing 9am – Testing 1030am – Testing
Week 1	Sept 19 – Weigh In 9am 430pm	Sept 20 – Weigh In 6am 9am 430pm 6pm	Sept 21 8am	Sept 22 6am 9am 430pm 6pm	Sept 23 9am	Sept 24	Sept 25 5pm - Celebration of Success for Session #5 Location - TBA
Week 2	Sept 26 – Weigh In 9am 430pm	Sept 27 –Weigh In 6am 9am 430pm 6pm	Sept 28 8am	Sept 29 6am 9am 430pm 6pm	Sept 30 9am	Oct 1 9am	Oct 2
Week 3	Oct 3 – Weigh In 9am 430pm	Oct 4 – Weigh In 6am 9am 430pm 6pm	Oct 5 8am	Oct 6 6am 9am 430pm 6pm	Oct 7 9am	Oct 8	Oct 9 8am
Week 4	Oct 10 - Weigh In 9am 430pm	Oct 11 -Weigh In 6am 9am 430pm 6pm	Oct 12 8am	Oct 13 6am 9am 430pm 6pm	Oct 14 9am	Oct 15	Oct 16 8am
Week 5	Oct 17 – Weigh In 9am 430pm	Oct 18 –Weigh In 6am 9am 430pm 6pm	Oct 19 8am	Oct 20 6am 9am 430pm 6pm	Oct 21 9am	Oct 22	Oct 23
Week 6	Oct 24– Weigh In 9am 430pm	Oct 25 –Weigh In 6am 9am 430pm 6pm	Oct 26 8am	Oct 27 6am 9am 430pm 6pm	Oct 28 9am	Oct 29	Oct 30 430pm
Week 7 & Testing	Oct 31- Weigh In 9am 430pm	Nov 1 – Weigh In 6am 9am 430pm 6pm	Nov 2 8am 12pm – INFO Meeting 6pm - Testing	Nov 3 6am 730am – Testing 9am 430pm - Testing 6pm 7pm – INFO Meeting	Nov 4 730am – Testing 9am – Testing 1030am – Testing	Nov 5 Session #7 begins Tuesday Nov 8 th	Nov 6